Thames Valley & Wessex
Critical Care Network

NETWORK CONFERENCE PROGRAMME

FRIDAY 13.11.2026

HILTON SOUTHAMPTON - UTILITA BOWL, BOTLEY ROAD, SO30 3XH

08:15 - 09:00 AM	**REGISTRATION AND WELCOME DRINKS**
09:00 - 09:20 AM	**OPENING REMARKS** STEVE WIMBUSH - CLINICAL LEAD - TV&W ADULT CRITICAL CARE NETWORK
09:20 - 10:00 AM	**BEYOND RECRUITMENT: ENABLING CAREER PROGRESSION FOR INTERNATIONALLY EDUCATED NURSES** MELANCONIA DUVAL PAZZAGLIA - SENIOR LECTURER IN CRITICAL CARE/EDUCATION LEAD IN CRITICAL CARE LONDON NORTH WEST UNIVERSITY HEALTHCARE TRUST/UNIVERSITY OF WEST LONDON
10:00 - 10:30 AM	**BRIDGING GENERATIONS: ENHANCING COLLABORATION ACROSS THE ICU MDT** MICHAELA JONES - LEAD NURSE & ASSOCIATE DIRECTOR - NORTH WEST LONDON ADULT CRITICAL CARE NETWORK
10:30 - 11:00 AM	**WATER SAFE ICU – A TALE FROM WEXHAM PARK HOSPITAL** JAREK GRANIEWSKI - CONSULTANT IN ANAESTHETICS AND INTENSIVE CARE MEDICINE - WEXHAM PARK HOSPITAL, FRIMLEY HEALTH NHS FOUNDATION TRUST
11:00 - 11:30 AM	**MORNING BREAK - PLEASE VISIT SPONSORS**
11:30 - 12:15 PM	**BEYOND CLINICAL CARE: THE IMPACT OF AN ICU-ZOO PARTNERSHIP ON PATIENTS, FAMILIES AND TEAMS** SARAH SHIPLEY - CRITICAL CARE MATRON PHIL DUGGLEBY - CRITICAL CARE CLINICAL LEAD EMILY CAMMACK - CRITICAL CARE OUTREACH PHYSIOTHERAPIST BUCKINGHAMSHIRE HEALTHCARE TRUST PATRICK CONLON - COMMUNITY ENGAGEMENT PROGRAMME LEAD - ZOOLOGICAL SOCIETY OF LONDON
12:15 - 13:15 PM	**CONSENT AND COMMUNICATION: A PATIENT AND RELATIVE EXPERIENCE** CATHERINE MARTINEZ - PATIENT LIZ MARTINEZ - RELATIVE (MOTHER) JODIE SMYTHE - CLINICAL LEAD FOR CRITICAL CARE LISSY OTTO - HIGHLY SPECIALIST CLINICAL PSYCHOLOGIST IN ICU
13:15 - 14:25 PM	**LUNCH BREAK - PLEASE VISIT SPONSORS**
14:25 - 14:35 PM	**WELCOME BACK** STEVE WIMBUSH - CLINICAL LEAD - TV&W ADULT CRITICAL CARE NETWORK
14:35 - 15:10 PM	**MEDICAL MANAGEMENT OF JEHOVAH'S WITNESS PATIENTS** JASON VAILE - HOSPITAL LIAISON COMMITTEE MEMBER FOR JEHOVAH'S WITNESSES PORTSMOUTH HOSPITALS UNIVERSITY NHS TRUST
15:10 - 15:50 PM	**THE VALUE OF GOOD COMMUNICATION** PHIL GROVES - HEAD OF COMMUNICATIONS RESPONSE TEAM - NHS ENGLAND
15:50 - 16:30 PM	**THE MEDICAL EXAMINER IS THE SOLUTION** WOJTEK RAKOWICZ - LEAD MEDICAL EXAMINER - NORTH AND MID HAMPSHIRE
16:30 - 16:45 PM	**CLOSING REMARKS**

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ABOUT OUR SPEAKERS



Mel Duval Pazzaglia, Senior Lecturer in Critical Care/Education Lead in Critical Care
London North West University Healthcare Trust/University of West London

Mel Duval Pazzaglia is a Senior Lecturer Practitioner in Critical Care Nursing at the University of West London and London North West University Healthcare NHS Trust. She leads on postgraduate critical care education and workforce development, bridging clinical practice and academia to support the progression of the critical care nursing workforce.

Originally trained in Italy, Mel has over a decade of experience in intensive care and is a strong advocate for internationally educated nurses. Her work focuses on inclusive career development, psychological safety, and creating equitable leadership pathways within critical care. She is a member of the Intensive Care Society Nursing Advisory Group and actively contributes to national initiatives on education, workforce sustainability, and professional advocacy.

Mel has led the expansion of accredited critical care programmes, developed simulation-based learning initiatives, and received national recognition for excellence in postgraduate nursing education. Her research explores the career progression of internationally educated nurses and the structural barriers that influence retention and leadership opportunities.

She is passionate about empowering nurses to find their voice, fostering cultures where speaking up is safe, and shaping a future critical care workforce that is diverse, supported, and able to thrive.



Michaela Jones, Lead Nurse & Associate Director
North West London Adult Critical Care Network

Michaela is Lead Nurse and Associate Director for the North West London Critical Care Network, with over 30 years' experience in critical care nursing across UCLH, Cambridge, and Southampton. As Co-Chair of the Critical Care National Network Nurse Leads (CC3N), Michaela champions collaboration and education to strengthen nursing leadership nationally. She is interim Chair of the Intensive Care Society Nurse Professional Advisory Group and a Council Member of the Intensive Care Society. Michaela was also a member of the editorial board for the third edition of Guidelines for the Provision of Intensive Care Services (GPICS) and is an Assistant Editor for the Journal of the Intensive Care Society. She is passionate about advancing critical care nursing, education and workforce development, ensuring teams are equipped to deliver safe, high-quality care. Having spent part of her critical care career in Southampton, Michaela is delighted to return to the region and reconnect with colleagues across the Thames Valley and Wessex critical care community.



Jaroslaw Graniewski, Consultant in Anaesthetics and Intensive Care Medicine
Wexham Park Hospital, Frimley Health NHS Foundation Trust

Jarek graduated from the Silesian Academy of Medicine (Katowice, Poland) in 1996 and began a career in Anaesthetics and Intensive Care Medicine the same year.

In 2003, Jarek completed specialist training in Anaesthetics and Intensive Care Medicine and was awarded a PhD in the same field. In 2005, Jarek moved to the UK and joined the NHS. Since 2008, Jarek has been working as a Consultant in Anaesthetics and Intensive Care Medicine.

Jarek's principal clinical and academic interests in intensive care include sepsis, infection prevention, and infection control. He currently serves as Infection Control Lead for the Intensive Care Unit at Wexham Park Hospital, where he leads initiatives aimed at improving patient safety, reducing healthcare-associated infections, and promoting best practices in critical care infection management.

ABOUT OUR SPEAKERS



Sarah Shipley - Critical Care Matron
Buckinghamshire Healthcare Trust

Sarah Shipley is Matron for ICU at Buckinghamshire Healthcare NHS Trust and has worked in critical care nursing for over 14 years. After starting her career in Neurosciences at Cambridge University Hospitals and completing ICU training at Guy's and St Thomas', she joined BHT, where she has worked across Intensive Care and Critical Care Outreach.

Sarah holds an MSc in Advanced Clinical Practice and is an elected member of the Intensive Care Society's Nurse Professional Advisory Group. She has a particular interest in compassionate leadership, early rehabilitation, and supporting families throughout the critical care journey.



Phil Duggleby - ICU Clinical Director
Buckinghamshire Healthcare NHS Trust

Phil Duggleby studied and then trained in the Thames Valley before being appointed as a Consultant in Anaesthesia and Intensive Care Medicine in 2018. He has held the roles of RCoA College Tutor and Training Programme Director for ICM before becoming joint CDU lead for Anaesthesia and Critical Care in 2025.

Phil has also been lead for Maternal Critical Care and Post-ICU follow-up clinic for almost as long as he’s been a consultant and can be easily nudged into soapboxing on these areas to anyone who will listen. He is a strong believer that our responsibility to patients lasts beyond the acute phase of their illness and will generally give his approval to any idea that supports that goal.



Emily Cammack - Critical Care Outreach Physiotherapist
Buckinghamshire Healthcare NHS Trust

Emily is a Band 7 Critical Care Outreach Physiotherapist with Buckinghamshire Healthcare NHS Trust, where she has worked for ten years, including five years in her current role.

Emily's clinical practice spans the rehabilitation pathway from ICU stepdown and ward-based care, through community follow-up, to outpatient review alongside the ICU Follow-up team. She works closely with the ITU and ward multidisciplinary team, contributing to rehabilitation and goal setting, complex discharge planning, and ongoing chest physiotherapy management.

Emily has a strong interest in research and is currently completing the NIHR Associate Principal Investigator (PI) scheme. Outside of work, she enjoys Hyrox, running and chasing after her labrador.



Patrick Conlon - Community Engagement Programme Lead
Zoological Society of London

Patrick Conlon is Community Programme Lead for Health and Wellbeing at the Zoological Society of London. With a background in mental health and community wellbeing, he develops nature based interventions that support health, wellbeing and social connection. His work is informed by a One Health view, and by a belief that the NHS and ZSL can learn from each other in how they understand the links between people, animals, nature and the wider environment.

ABOUT OUR SPEAKERS



Catherine Martinez - Patient
&
Liz Martinez - Relative

Catherine Martinez is a biologist, mycologist and environmental scientist. She is currently a PhD student at the University of Reading. In August 2024 she began experiencing episodes of severe abdominal pain which remained undiagnosed until September 2025 when, after yet another unacceptably long and excruciatingly painful wait in Royal Berkshire Hospital's A&E, and the intervention of the hospital's Call4Concern team, a junior doctor queried a misreported CT scan, and the cause of her pain was finally identified as a caecal volvulus and bowel ischaemia. By then, she had experienced heart and lung conditions, probably associated with her life-threatening weight loss, and PTSD from her medical treatment.

Catherine lives at home, with her mother, Liz, a former medical negligence solicitor, mediator and speaker/trainer. During Catherine's hospital treatment, Liz found herself and her severely unwell daughter completely dependent on the hospital's clinicians, whilst struggling to advocate for Catherine's needs, rights and wishes. Catherine survived and is thriving, thanks to many caring and dedicated hospital staff, but failings around consent, communication and assumptions made Catherine's and Liz's experiences unnecessarily traumatic. In sharing their experiences today, they hope to convey their gratitude both for the good care that Catherine received and for your willingness to listen and learn.



Dr Jodie Smythe - Consultant ICM and Anaesthetics
Royal Berkshire NHS Foundation Trust

Jodie is a Consultant in Intensive Care Medicine and Anaesthetics at the Royal Berkshire ICU. She is the Clinical Lead for Critical Care Medicine at the Trust and has a particular interest in patient safety. In addition, she is the Medical Lead for Martha's Rule at the Royal Berkshire Hospital.



Dr Lissy Otto - Clinical Psychologist
ICU Psychology Lead at the Royal Berkshire Hospital

Lissy is a Clinical Psychologist currently leading the Psychology service at the Royal Berkshire ICU. Lissy has a background of working in liaison psychiatry, acute stroke, neurorehabilitation, and older adult mental health services.



Jason Vaile is a member of the Portsmouth Hospital Liaison Committee (HLC) for Jehovah's Witnesses, supporting patients and healthcare professionals in the clinical management of patients who decline blood transfusion.

Jason has been an HLC volunteer for four years, working with healthcare professionals across a range of clinical specialties. His role includes providing practical support, signposting clinical resources, and helping facilitate communication between patients and healthcare teams.

He has developed experience working with multidisciplinary teams and supporting clinicians in preparing for and managing situations where blood transfusion is declined.



Phil Groves - Head of Communications Response Team at NHS England

Phil runs the Communications Response Team at NHS England. The team is responsible for coordinating communications around national major incidents, supporting trusts who are going through challenging communications issues and running training courses for NHS and wider government staff on crisis communications. Phil has worked on a number of major incidents in a communications career spanning 20 years, including the Salisbury nerve agent attack, COVID-19, industrial action and the child benefit data loss incident.

ABOUT OUR SPEAKERS



Wojtek Rakowicz , Lead Medical Examiner
North and Mid Hampshire

Wojtek set up the Medical Examiner Service for North & Mid Hampshire just as Covid came along in April 2020 and has been Lead ME since then.

The ME role has been statutory since 2024 and we are reflecting both locally and nationally on how the implementation has gone for all stakeholders - and indeed on where it is heading.

Previously Wojtek had been HHFT Associate Medical Director for Governance and Trust Mortality Lead for 5 years.

In his day job Wojtek has been the senior consultant neurologist in Winchester since 2013, having previously worked as a consultant at Imperial College Healthcare NHS Foundation Trust from 2003.

OUR CHAIR



Dr Steve Wimbush - Clinical Lead, Thames Valley & Wessex Adult Critical Care Operational Delivery Network
and Consultant in Anaesthetics and Intensive Care, Hampshire Hospitals NHS Foundation Trust
@WimbushSteve

Steve has been a Consultant in Anaesthetics and Intensive Care Medicine in Winchester since 2007 and was Clinical Lead there for over nine years. He is currently Director of Medical Education for Hampshire Hospitals, and remains the Clinical Lead for the BM4 graduate-entry programme at the University of Southampton.

Steve joined the ODN as Medical Lead in September 2021 and now sits as a member of the NHS Clinical Reference Group for Adult Critical Care. His interests are in transfer medicine, medical education and learning from incidents through collaborative, multidisciplinary working.