



Conference Programme

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| 08.30 | Registration and welcome drinks | |
| 09.00 | Opening remarks | Dr Steve Wimbush, Medical Lead, Thames Valley & Wessex Adult Critical Care Network |
| 09.10 | SEISMIC-R - A study to evaluate alternative staffing models in intensive care: a realist evaluation | Natalie Pattison, Professor of Clinical Nursing, University of Hertfordshire/ East and North Herts NHS Trust |
| 09.40 | From delirium to reality | Louise Gallie, Patient Partner, University Hospitals Plymouth NHS Trust |
| 10.10 | Re-deconstructing delirium | Mark Borthwick, Consultant Pharmacist in Critical Care, Oxford University Hospitals NHS FT |
| 10.55 | Morning break | |
| 11.25 | Supporting staff wellbeing - policy on a page | Molly Chibvuri, Matron Critical Care, Buckinghamshire Healthcare NHS Trust |
| 12.25 | Liberation from intensive care. The A2F bundle | Dr Gabor Debreceni, Consultant in Anaesthesia and Intensive Care, St Mary's Hospital, Isle of Wight NHS Trust |
| 13.15 | Lunch | |
| 14.15 | Welcome back | Dr Steve Wimbush |
| 14.20 | Health literacy in critical care | Dominique Byrne, Trainee Advanced Critical Care Practitioner, Portsmouth Hospital University NHS Trust |
| 14.50 | Does the level of mobility at ICU discharge impact post-ICU outcomes? A retrospective analysis | Rebekah Haylett, Physiotherapist, Oxford University Hospitals NHS FT |
| 15.10 | From smoke and flames to safety: Evacuating ICU due to fire incident | Bruna Pitaes, Senior Sister, and Suman Shrestha, Consultant Nurse, Wexham Park Hospital, Frimley Health NHS FT |
| 15.40 | Breaking bad news: A Shakespearean tragedy | Charlotte Fitzpatrick, Nicky Matthews and Georgina O'Brien, Specialist Nurses Organ Donation, NHS Blood and Transplant |
| 16.40 | Closing remarks | Dr Steve Wimbush |
| 16.45 | Leaving drinks and networking | |



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Value Life

About our speakers



Natalie Pattison, Professor of Clinical Nursing
University of Hertfordshire/ East and North Herts NHS Trust
[@drnatpat](#)

Professor Natalie Pattison is a clinical academic who has worked clinically in cancer, critical care and critical care outreach. She is a Professor of Clinical Nursing with a joint appointment across the University of Hertfordshire and East and North Herts NHS Trust (ENHT). Natalie also holds a Researcher in Residence (ICU) position at Imperial College London, with an honorary Nurse Consultant contract with Imperial College Healthcare NHS Trust. She is the clinical lead for the critical care follow-up service at ENHT, combining this with a research role. Her research interests focus on her clinical area of critical care and critically ill ward patients, end of life in critical care, disability in critical care, and workforce in critical care. She is widely published in critical care. She is Chair of the National Outreach Forum, immediate past-Chair of UK Critical Care Research Group, and Chair of UK Critical Care Nursing Alliance. She is also Deputy Lead for the National Institute for Health Research National Specialty Group for Critical Care. Natalie is Chief Investigator for the NIHR-funded SEISMIC-R project.



Louise Gallie, Patient Partner
University Hospitals Plymouth NHS Trust
[@rehablegendlou](#)

Louise is a patient of University Hospitals Plymouth and lives with a rare condition known as Achalasia. In 2018, after an elective procedure and a rapid decline during recovery, Louise was given lifesaving surgery and placed into a medically induced coma, in which she would remain for 10 days. During her 13 day stay in ICU, she experienced severe delirium, placing her in a constant state of terror and confusion. Louise experienced terrifying scenarios in which she could sense everything. With her Delirium lasting several days after step down onto an acute ward and continued complications, Louise spent a total of 86 days in hospital. After a long period of rehab with psychological support Louise now advocates passionately on behalf of others, sharing her experiences and showing how a patient perspective can be invaluable to healthcare professionals and the wider healthcare community. She volunteers as part of University Hospitals Plymouth ICU rehab team, supports the trust and wider critical care community as a patient partner and is a PPV member of the NHS England Adult Critical Care CRG.

Louise's blog, www.deliriumtoreality.com, shares her story through ICU, recovery, and beyond.



Mark Borthwick, Consultant Pharmacist in Critical Care
Oxford University Hospitals NHS FT
[@mark_borthwick](#)

Mark is a Consultant Pharmacist in critical care, working in the area for over twenty years. He has varied interests that include practice aspects such as standardisation of medicines concentrations, administration compatibility charts, and pharmacy workforce deployment. Interests in therapeutic areas include stress ulcer prophylaxis, mucoactive agents, renal replacement therapy, and use of steroids. However, his first concern was in the management of delirium. Early in his career he witnessed first-hand a mosaic of different approaches applied to delirious patients with little commonality in approach, and so drew together a group of pharmacists to produce an evidential summary and guideline for the critical care community.



Molly Chibvuri, Matron Critical Care
Buckinghamshire Healthcare NHS Trust
[@Molly39106680](#)

Molly has been a Critical Care nurse for twenty years. The delivery of high-quality, person-centred care is Molly's primary driver. Since the end of the COVID pandemic, it has become apparent that this is not achievable without ensuring that the wellbeing of staff is prioritised.

About our speakers



Dr Gabor Debreceni, Consultant in Anaesthesia and Intensive Care
St Mary's Hospital, Isle of Wight NHS Trust

Dr Gabor Debreceni was trained in Hungary and started to work in the UK in 2006. Since then, Gabor has been working as a consultant in anaesthesia and intensive care with a main interest in sedation and delirium on ICU and microcirculation.



Dominique Byrne, Trainee Advanced Critical Care Practitioner
Portsmouth Hospital University NHS Trust
[@DominiqueByrne6](#)

Dominique Byrne is a newly appointed trainee Advanced Critical Care practitioner, with 5 years' experience in critical care nursing and Outreach at Portsmouth Hospital University Trust. Her patient care has been recognised with the Pride of Portsmouth Patient Choice Award in 2022. Dominique is published in health literacy and passionate about the accessibility of health information, clinical education, and clinical research. She works alongside the clinical librarians to improve the health literacy of the trust and plans to pursue a PhD in the future. Outside of work, Dominique enjoys reading and volunteering with charities that empower people to improve their lives. These include Read Easy where she teaches illiterate adults to read and The Girls Network where she mentors a young lady.



Rebekah Haylett, Physiotherapist
Oxford University Hospitals NHS Foundation Trust
[@Becky_Hphysio](#)

Becky is a Physiotherapist working in Oxford Critical Care. Since qualifying in 2006 she has completed an MSc and achieved accreditation as an Advanced Clinical Practitioner in 2023. Quality improvement remains a key focus of her work, and she is dedicated to delivering projects stemming from clinical practice. Becky has continued to make contributions to a range of educational sessions for different professional groups, at undergraduate and multiple stages of postgraduate training. She is keen to ensure that all professional groups have opportunities to advance knowledge and skills in all domains of practice, and actively promotes the sharing and exchange of knowledge and practice. Becky is the Chair of the Intensive Care Society Physiotherapy Professional Advisory Group. Within this role she enjoys the ability to work collaboratively with the society, the multiprofessional advisory groups and other partners to promote the role of allied health professions and to support their work in intensive care.



Bruna Pitaes, Senior Sister
Wexham Park Hospital, Frimley Health NHS Foundation Trust

Bruna Pitaes is a Senior Sister in intensive care unit who has been working in ICU at Wexham Park Hospital for the last 10 years. She was a senior manager of the ICU on the day of the fire incident.



Suman Shrestha, Consultant Nurse
Wexham Park Hospital, Frimley Health NHS Foundation Trust
[@suman_sr](#)

Suman Shrestha is a Consultant Nurse in critical care at Frimley Health NHS FT. He was working as an Advanced Critical Care Practitioner on the day the fire incident happened.

About our speakers



Charlotte Fitzpatrick, Nicky Matthews, Georgina O'Brien
Specialist Nurses Organ Donation
NHS Blood and Transplant
[@OdtSouth](#)

Nicky, Lottie and Georgie are specialist nurses in organ donation. Our role is to support families and patients during the end of life process. We ensure end of life decisions are discussed to ensure needs are met and if organ donation is something the patient or family want, we go on to facilitate this. We have many years of experience having difficult conversations with patients and families in both the SNOD role as well as previous roles which include palliative care and critical care backgrounds.



Our chair



Dr Steve Wimbush
Medical Lead
Thames Valley and Wessex Adult Critical Care Network
[@WimbushSteve](#)

Steve has been a Consultant in Anaesthetics and Intensive Care in Winchester since 2007 and was Clinical Lead for Critical Care there for nine and a half years. He is also the Clinical Lead for the BM4 graduate-entry medical school programme at the University of Southampton. Steve joined the ODN as Medical Lead in September 2021 and now sits as a member of the NHS Clinical Reference Group for Adult Critical Care. His interests are in transfer medicine, medical education and learning from incidents through collaborative, multidisciplinary working.