

## Upcoming Meetings

CCOT Meeting - 6th March @ 2:30pm

Data & Audit Leads meeting - 11th March @ 11am

Transfer Meeting - 12th March 2024 @ 1pm

For PNAs – Teaching Tuesday Clinics – How to QII - 12th March 2024 @ 2pm

Transfer Meeting - 19th March 2024 @ 1pm

## National Rehabilitation Survey

As many of you are aware, last year, units were asked to complete a survey as part of the work being undertaken by the national adult critical care programme on rehab outcomes. A report with recommendations has also been produced.

Units should have recently received the anonymised unit level data and the number which represents their relevant. This data summarises the responses from the units and breaks down the results for each network. Units are able to see their own results and compare themselves to other units within their network or of a similar bed size.

The results of this survey have already been used in the introduction of the new rehab SSQD measures. As a network we would encourage all units to have a look through the results as this information could be very beneficial to units and those working within rehab.

If you have not received the data or your code, please contact  
Roxanne.burns@nhs.net

[medwayft.kssccn@nhs.net](mailto:medwayft.kssccn@nhs.net)

# Welcome to the Kent, Surrey and Sussex adult critical care network quarterly newsletter

## Transfer Update

NHS England are continuing to work with Buckinghamshire Healthcare NHS Trust, Royal Surrey NHS Foundation Trust, South Central Ambulance Services NHSFT and South East Coast Ambulance Service NHSFT to develop the substantive service for the South East region. The service is being commissioned in line with the national service specification [LINK] to ensure we meet national standards and deliver the best care for our patients across the South East, and all parties remain committed to building a robust service that can support the needs of patients across the region.

The current interim service that is provided by SCAS for the Thames Valley, Wessex, Dorset and MK areas will continue whilst work progresses to develop regional substantive service. This includes continuing to support requests from the Frimley, Surrey and Sussex area where possible.

The current service that supports the Kent, Surrey & Sussex areas provided by Sprint will cease from the 31st March 2024. We would like to thank the SPRINT team for supporting the network with their high quality transfer service.

SECAmb and Royal Surrey continue to work to identify interim support arrangements as a priority, which will continue to develop over the coming weeks. SECAmb have confirmed they will have 2 ambulances (and drivers) available to support transfers across the KSS region from 1st April '24. These will be dedicated resource for ACCTS separate from their 999 fleet.

All parties are also committed to launching a Single Point of Contact for all ACC transfer requests across the South East. This service will enable units to have access to a dedicated resource that can support the coordination of clinical advice and where accepted, the identification of a vehicle/ team to support the transfer.

The ACC ODNs continue to represent the units in our meetings and are working with the units across the SE to look at mitigations over this interim period.

There are weekly transfer meetings in the diary, and the meeting invites have been sent to the clinical leads, matrons and transfer leads for each unit, and attendance from each unit has been requested. These meetings are being attended by Bill Jewsbury the medical director at the RS, Antonia Cook the operational lead for the new SE transfer service and NHSE representatives.

Expressions of interest have been requested for any staff within KSS who may be interested in supporting the new transfer service. If you could send your EOI to the KSS generic email account and then we will forward these onto the RS.  
[medwayft.kssccn@nhs.net](mailto:medwayft.kssccn@nhs.net)

At the moment, we appreciate that there are a number of unknowns as raised in the last transfer meeting; around clarification of bases, structure of service, onboarding and pay. But an initial EOI for team members within your units would be very much appreciated. The ultimate aim would be to have representation from all units within KSS.



Kent, Surrey and Sussex ACC Operational Delivery Network

### Information Request

A question around sustainability:

"I have seen presented at a European conference, a hospital that had created a make shift plumbing system between CVVHFD effluent bags to allow fluid waste to be piped out and therefore significantly reduce plastic waste.

Are there any UK units they have trialled or implemented anything like this?"

Responses to:  
[daniel.lake@nhs.net](mailto:daniel.lake@nhs.net)

### Sustainability

Dr. Dan Lake, who gave the great presentation on Sustainability at the KSS Network conference in October 2023, chaired the first KSS ACC network Sustainability meeting on the 21st February 2024.

The meeting agenda is shown here (across):

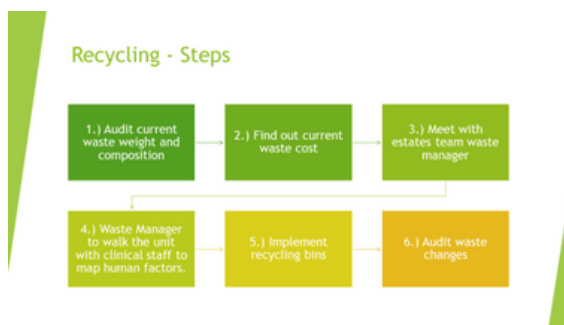


Did you know that the NHS spends over 700m a year on waste disposal?

Did you know that Healthcare is the world's largest economy, creating 4% of global emissions?

Did you know that the different types of waste bin that you have in your units cost varying amounts per ton to be disposed of?

Discussions revealed that most hospitals have sustainability steering groups, but their level of activity and support varies. Dan Lake highlighted the importance of involving various departments like Estates, Pharmacy, and Finance for successful project implementation. Having early estates team input and walking the ICU together to map the human factors of how bins are used, really helps to minimise waste stream contamination.



If there are any staff interested in being part of this group please would you email the generic email account and we will include you in the invite list: [medwayft.kssccn@nhs.net](mailto:medwayft.kssccn@nhs.net)

It would be great if we could have representation from all of the KSS units.



Share your content in our next newsletter!

For example; forthcoming study days or completed or ongoing QI projects,

please send an email:  
[medwayft.kssccn@nhs.net](mailto:medwayft.kssccn@nhs.net)

### SOA 2024 Congress

SOA provides the unique opportunity where industry and the largest gathering of healthcare professionals spanning the breadth of intensive care can come together, celebrate successes, and grow from each other.

In 2024 the event will be held at the ACC Liverpool 18 - 20 June 2024  
Kings Dock, Liverpool  
Waterfront, L3 4FP

### Let's Talk Research: Collaboration Can Make It Happen Thursday 14 March 2024

East Kent Hospitals University NHS Foundation Trust, University of Kent and Canterbury Christ Church University are hosting an event on Thursday 14 March at 8.30am in Canterbury.

Join them for an exciting event where they delve into the world of research and explore the power of collaboration. Whether you're a seasoned researcher or just starting out, this event is the perfect opportunity to connect with like-minded individuals and expand your network.

[Register for your place](#)



## Health Care Support workers and Nursing Associates professional development Network initiatives

The Network has recently secured funding allocated towards the professional development of Healthcare support workers and Nursing Associates working in Adult Critical care areas. The allocated funds will be directed towards 2 key initiatives.

1. 2-day event study days which will provide Healthcare support workers (HCSWs) and Nursing Associates (NAs) with dedicated time and resources to engage in focused learning and professional development. Topics such as Caring for the deteriorating patient, supporting with patient's rehabilitation in ICU, Care of the tracheostomy, End of Life care and supporting bereavement, Embedding psychological safety: practical tools and strategies etc are some of the topics that will be discussed. Tentative dates for the study days are on June 24th and 25th. More details to follow shortly. Interested attendees should please speak with Practice educators in the unit to notify their interest.

2. Additionally, the funds will be used to support Healthcare Support workers and Nursing Associates attendance and participation in the upcoming BACCN (British Association of Critical Care Nurses) conference at Aberdeen. The conference provides a valuable platform for NAs and HCSWs to gain exposure to the latest advancements in critical care, network with colleagues and further their professional development.

The Network believes these initiatives align directly with the expressed needs and priorities of our Nursing Associates and Healthcare support workers team. We hope staff feel empowered and these initiatives support them to enhance their knowledge and skills, ultimately elevating the quality of care that is provided to patients.

## Professional Nurse Advocate Staff Wellbeing project at Darent Valley Critical care unit

The Professional Nurse Advocates at Darent Valley Critical care unit recognised the incredible pressure faced by their ICU staff and organised a unique holistic care retreat to prioritise staff wellbeing. This investment aims to build a resilient and cohesive team, ultimately benefitting patients and ensuring long term sustainability within the unit.

With high rates of PTSD, anxiety and depression reported among ICU staff, the retreat addressed a critical need. It provided a dedicated space for self care, connection and team building.



The retreat concept offered a distinctive approach as staff participated in mindful nature practices such as forest bathing, fostering a deeper understanding of the connection between personal wellbeing and quality healthcare service.

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Feedback revealed significant benefits such as:

1. Improved self-awareness and knowledge of individual coping strategies.
2. Stronger team dynamics and positive staff interactions.
3. Enhanced mood and overall wellbeing
4. Direct impact on patient care through more compassionate and engaged staff.

This retreat represents a forward-thinking investment in staff. By prioritising staff wellbeing, the PNA team builds a resilient and dedicated workforce, ensuring long term success for the ICU unit and improving patient care in the long run.



By taking care of staff wellbeing, staff are more likely to have long lasting careers in the ICU, ensuring continuity and expertise. This is a win for both the staff and the patients they serve. This innovative approach serves as an inspiration for other critical care units seeking to prioritise their staff's wellbeing and in turn enhance patient care.

## Meetings

Below is a list of dates for upcoming Adult Critical Care Network meetings and events

If you have any queries regarding these meetings please contact [medwayft.kssccn@nhs.net](mailto:medwayft.kssccn@nhs.net)

Date	Time	Meeting	Location
6th March 2024	14.30 - 15.30	CCOT meeting	MS Teams
11th March 2024	11.00 – 12.00	Data & Audit Leads meeting	MS Teams
12th March 2024	13.00 - 14.00	Transfer meeting	MS Teams
12th March 2024	14.00 – 15.00	For PNAs – Teaching Tuesday Clinics – How to CC	MS Teams
19th March 2024	13.00 – 14.00	Transfer meeting	MS Teams
19th March 2024	14.00 – 15.00	For PNAs – Teaching Tuesday Clinics – How to QII	MS Teams
25th March 2024	13.00 – 14.00	Practice Educators meeting	MS teams
26th March 2024	14.00 – 15.00	For PNAs – Teaching Tuesday Clinics – How to implement	MS Teams
2nd April 2024	13.00 – 14.00	Transfer meeting	MS Teams
9th April 2024	13.00 – 14.00	Transfer meeting	MS Teams
16th April 2024	09.30 – 10.30	PNA meeting	MS Teams