



**Welcome to the Kent, Surrey and Sussex
Adult Critical Care Network ODN Newsletter
*August 2023***

The Kent, Surrey and Sussex Adult Critical Care Network

In the February edition of the KSS ACC newsletter we described the function of the Operational Delivery Networks (ODNs). In this edition we are translating this onto what we do:

- + We provide a work plan each year on our aims aligned with NHSE**
- + Write highlight reports every quarter, and annual reports to NHSE/Spec Comm**
- + Network Assurance visits**
- + Yearly conference**
- + Quarterly forums and quarterly newsletters**
- + Organised two Managing in a Pandemic courses for newly promoted/senior staff**
- + Organised two in person leadership events for newly promoted staff in leadership positions**
- + A Matrons away day**
- + Run the DOS dashboard daily and at times of surge twice a day**
- + ODN website has been re-done, and is a public facing with up to date information <http://www.southaccnetworks.nhs.uk/kss>**
- + KSS sub group meetings**
- + Benchmarking**
- + Co-ordinate network requests from within the network and nationally**
- + Stocktake. Since 2021, a national stocktake of adult critical care services has been undertaken. The stocktake is intended to understand the situation and capacity within critical care units across the country as well as understanding the regional and national picture and ensure that, where there are significant staff shortages, actions can be taken to improve this. The Stocktake was completed by ACC units with support and coordination for the returns by ACC Operational Delivery Networks (ODNs) and regions. The Stocktake was submitted in 2 parts and collected a significant amount of data on Staffing, capacity, and equipment. The National Stocktake will be in June every year online. The medical workforce questions are being updated with FICM and the AHP questions are being double checked with the National AHP Network.**



CRITCON Levels

The Intensive Care Society has released an update to its CRITCON levels which recently went live on the Directory of Service system.

[Read more](#)



End of Life in Intensive Care

ICU Steps have launched information for partners, Families and friends of ICU patients.

It explains what happens when someone Might be at the end of life in an ICU, What to expect and how they can Support themselves and the patient.

[View Resources](#)

End Of Life in Intensive Care

People who are in Intensive Care Unit (ICU) are very ill. Even though they are having intensive care treatment, it's possible that they might not live.

This information sheet is for the family, a partner or friends of someone in an Intensive Care Unit (also known as a Critical Care Unit). It explains what happens when someone might be at the end of life in an ICU, what to expect and how to support yourself and the patient.



Occupational Therapists (Ots) In Critical Care

We are so pleased to share that within the KSS ACC Network the number of Occupational Therapists is growing!

There are now critical care OTs on the following units:

- Tunbridge Wells
- Maidstone
- ASPH
- WHH
- DVH
- Conquest
- Eastbourne

With firm plans to recruit OTs at SASH and QEQM

Network Conference: 4th October 2023



The Kent, Surrey and Sussex Adult Critical Care Operational Delivery Network is inviting you to its annual Network conference which will be on the 4th of October 2023. It promises to be a day filled with information to inspire you on the latest innovative ideas in critical care practice. There will be a range of speakers from all multi-disciplinary team practicing in diverse critical care units which will enable you as a delegate to connect and learn from various viewpoints. Also, you will have an opportunity to share your achievements showcasing your posters at the event.

Venue is at the Holiday Inn, Gatwick Worth. RH10 4SS.

Timing - 8.30 - 4.30pm

The Programme of Speakers and Topics:

Dr James Yassin - Building a new ICU

Dr Daniel Lake - Sustainability in Critical Care

Caroline Munday - Non-invasive cardiac monitoring

Dr Larisa Maris - Critical care referral process

Dr Ed Needham - The neurological causes and consequences of critical illness

Dr Becky Coles-Gale - Delirium assessment and management approaches

Claire Tait - Deteriorating Patient Educational escape room

ICU Steps International ICU Rehab Day 21st July 2023

Just a few of the celebrations within KSS:

Maidstone had planned many wonderful things for the day:

- Posters reflecting all the roles of the MDT:
- A poster about the use of the green folders and the green plastic rehab packs for patients
- Printing Banners & Bunting
- T-shirts sent from #rehablegend Kate Tantom
- Communication team took pics so they could tweet and share the celebration.
- Made cakes for the team to share
- They organised for a patient to come and share her recovery from critical illness and her Rehab story.



Photos obtained from the NHS Twitter page.

At SASH:

Cycling along the road to recovery.

They did a virtual cycle ride from

East Surrey to Brighton Pier.

They set their patients and staff the challenge of

Completing a virtual team bike ride.



Frimley Health:

Their ICU MDT promoted their new Rehab Trolley for their ICU.

Encouraging patients to complete unique challenges to promote early rehabilitation.

Brilliant work!



More Frimley pictures...



Unit Updates



MAIDSTONE AND TUNBRIDGE WELLS NHS TRUST

ICU patients get a glimpse of Sunshine to Aid Recovery Support!

Critically unwell patients are able to gain a glimpse of the sunshine to aid their recovery thanks to the hard-working staff. Visits to the garden are supported by Specialist ICU Nurses, doctors and physiotherapists.



Picture above of the staff and Patients together in the new outdoor accessible space. To learn more information about the incredible work that staff at Maidstone and Tunbridge Wells Hospital have done to ensure ICU patients have new outdoor opportunities; [read more about it here.](#)

NEW ARTWORKS HELP SUPPORT FAMILIES OF ICU PATIENTS



New artwork in intensive units (ICU) at Maidstone and Tunbridge Wells hospitals is making a big impression on visitors and staff [Read more about it here.](#)

WHH – 3 WISHES PROJECT

ACC Staff from William Harvey Hospital recently had an amazing trip to Canada!

On June 7/8 2023 our 3 Wishes Project (3WP) team from the Critical Care team at the William Harvey Hospital were invited to be guest speakers at the Compassionate Care at the End of Life Symposium in Hamilton, Canada [Read more about it here..](#)

DARTFORD & GRAVESHAM NHS TRUST ‘EXPLAIN MY PROCEDURE PROJECT’

Has been recently implemented at Darent Valley Hospital’s ICU Unit....

Georgina Hawkes explains the simple animations which has been made to support communication and understanding of events and procedures happening in ICU. The aim of this is to explain these procedures in a simple easily understood format and to provide a starting point to open up conversations with patients and relatives, on which the ICU team can build upon and answer any questions at the start of an individual’s intensive care journey. Further to this ‘**Explain my Procedure**’ will be available to patients throughout their time in ICU and post discharge, to aid in understanding common issues such as delirium, voice change, recovery. The information is provided in 8 languages and aims to be inclusive, empowering and to help overcome health inequalities which result due to language barriers. We are excited for this project in our unit and hope it will help improve patients and relatives understanding and communication.

SEPSIS CONFERENCE SUMMARY

More than 100 nurses, doctors and midwives, from several trusts and across both the community and secondary care sector, attended the first Sepsis Conference set at the Royal Surrey Foundation Trust. The Conference was opened by Suman Shrestha, MBE. Consultant Nurse, Frimley Park Hospital & Advanced Critical Care Practitioner. Suman gave an overview of sepsis and discussed the difficulties that healthcare practitioners face in recognising sepsis in its earlier stages. He introduced us to the recommendations published by the Academy of Medical Royal Colleges working party on the initial antimicrobial treatment of sepsis. Suman also discussed the importance of both the timeliness and appropriateness of antibiotic delivery, the involvement of education and training to all patient facing staff, the use of NEWS 2 across all primary, community and secondary healthcare platforms nationally, to standardise the language used in recognising changes in acuity/severity of patient condition. [Read more about it here.](#)



On publishing the photo - left to right:

(Suman Shrestha, MBE, Dr Mehruun Zuleika, Dr Ben Creagh - Brown, Wendy Gray, and Prof Lui Forni)

East Kent Hospitals University NHS Foundation Trust ***Their First Research and Quality Improvement Conference***



WHH recently held their first EKHUFT research and quality improvement conference. This was a great opportunity for the three critical care units in East Kent, Queen Elizabeth Queen Mother, William Harvey and Kent and Canterbury to come together and share the great work that is being done across the Trust.

There were updates on all the current research projects, interesting case studies presentations and a talk given by an ex critical care patient which was very powerful. The afternoon was education focused with ventilation based lectures and quality improvement workstations to show case the ongoing work currently being undertaken in East Kent. We hope next year to host another conference and potentially open it up to other units to show case similar projects. The day was a great success.

EXCITING NEWS AT EAST SUSSEX HEALTHCARE TRUST

Critical care now has permanent OT and SaLT input into critical care.

BACCN True Colours Award within KSS

There was fantastic news that DVH ICU was awarded the true colours award from the BACCN. This money and unit membership will allow planning of using a local space off site to provide afternoons of relaxation and retreats for the ICU staff which has proven to reduce stress related sickness.

38th Annual British Association of Critical Care Nurses Conference



38th Annual BACCN Conference



Recovery, Restoration and Sustainability

11 - 12 September 2023: Nottingham NTU

[@BACCNUK](#) [#BACCNConf2023](#) [facebook.com/BACCN](#) [baccnuk](#)

Seeking to learn, connect and be inspired on the latest trends in critical care nursing while visiting the largest city in East Midlands? The BACCN 2023 conference will be taking place at Nottingham NTU on the 11th and 12th of September, 2023.

It promises to be an inspiring event to learn the latest theories, cutting edge innovations and best practices around the world of critical care. Registration is currently open and this year's theme is Recovery, Restoration and Sustainability. [Register here](#)

There are available member discounted rates for IACCN, PICS and NORF members. Also, units that benefited from the Network's funding for CCU Membership for BACCN should use the Unit membership to their advantage to sponsor Unit's delegates for the conference.

ESICM LIVES 2023 in Milan



ESICM 2023 is the 36th European Society of Intensive Care Medicine Annual Congress, which will be held in Milan, Italy from **October 21 to 25, 2023**

ESICM (LIVES) is a place where professionals come together to absorb the latest evidence and advancements in patient care through multidisciplinary discussions and talks, interactive courses, demonstrations of the newest technology, and simulation exercises

Another international symposium on intensive care and emergency medicine will be held in Brussels from March 21 to 24, 2023

Nominate for #ICSAwards23



Intensive
Care
Society
Awards
2023

It's that time again... nominations are now open for the #ICSAwards23!

This year we've got nearly 30 awards up for grabs across 5 categories, and we need your help to recognise and celebrate all the brilliant teams and individuals who make intensive care such a great specialty.

These annual awards are our opportunity to showcase the work that goes into caring for the sickest patients in hospital across the UK, and celebrate all the people who go above and beyond to look out for colleagues, friends, and patients.

We're celebrating work across 5 categories:

- ✚ Intensive Care People Awards
- ✚ Intensive Care Organisational Awards
- ✚ Intensive Care Education Awards
- ✚ Future of Intensive Care Awards
- ✚ Supporters of Intensive Care Awards

You can nominate as many people as you like in any award category, and nominations will be open until 5pm on Friday 6 October.

You can nominate your colleagues, your organisation, your team or even yourself for any of our awards by heading to our website by clicking the link below and following the prompts to complete your nomination.

You'll find all you need to know about our award categories and nomination process by clicking the link below, so it's time to get your nomination started!

[Start your nomination](#)

Upcoming Meeting Dates

TBC Pharmacy Leads meeting
TBC Outreach meeting
05.09.23 Interim transfer meeting
12.09.23 Data Leads meeting
15.09.23 KSS ACC Clinical Forum
03.10.23 PNA meeting
03.10.23 Interim transfer meeting
04.10.23 KSS ACC Network Conference
18.10.23 Rehabilitation meeting
24.10.23 Matrons meeting
07.11.23 Interim transfer meeting
TBC Practice Educators meeting
TBC ACCP meeting

If you have any content you would like us to add to the next Newsletter, for example; forthcoming study days or completed or ongoing QI projects, please send an email to medwayft.kssccn@nhs.net

***PLEASE SHARE THIS NEWSLETTER WITH YOUR CRITICAL CARE
MDT TEAMS AND COLLEAGUES***